



LANCER

FOOTBALL MONTHLY

Inside May 2021
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2021 Football Schedule

Scrimmages

8/07	A	Newark	10:00 a.m.
8/13	H	Westfall	7:00 p.m.

Varsity Regular Season

8/20	A	West Muskingum
8/27	H	Liberty Union
9/03	A	Fairfield Union
9/10	A	Bexley
9/17	H	Ontario (Homecoming)
9/24	H	Heath
10/01	A	Northridge
10/08	H	Newark Catholic
10/15	H	Johnstown
10/22	A	Utica

LAKEWOOD WINS 28TH ANNUAL DANVILLE MEET



The Lakewood powerlifting team made up of 100% members of the football team won the 28th Annual Danville Powerlifting Meet. Because of COVID, the meet was moved from February to June and was held outside.

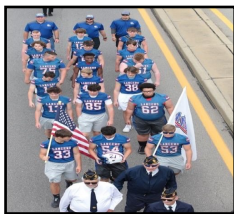
The Lancers totaled **11,280 lbs.**, just finishing ahead of Clear Fork by 20 lbs. who totaled 11,260 lbs. Danville was third with 10,400 lbs. This was the first time since 2012 that Lakewood has won a Powerlifting meet.

1st Place finishes went to **Trenten Markus** (8th-145lb Class), **Josiah Ellinger** (11th-195lbs.Class), **Jake Cassidy** (12th-225lbs Class), **Keegan Jacks** (9th-Unlimited Class) & **Eli Dornbirer** (11th-Unlimited Class).

2nd Place finishes went to **Logan Bush** (8th Grade- 155lb Class), **Brayden Shull** (8th-175lb. Class), **Lane Allen** (8th- 195lb Class), **Isaiah Mitchell** (9th-155lb Class), **Josh Hicks** (10th-175lb Class), **Mark Waters** (11th-185lb. Class), **Jake Ellinger**,(10th-195lb. Class), **Cole Moran** (9th-205lb Class), & **Kaleb Fellure** (11th-250lb. Class).

67 personal bests were set at the meet by the 24 athletes that competed! **Josh Hicks** had Best Squat & Deadlift in his class, **Xander Angle** had best bench in his class, **Jake Cassidy** had best Bench and Squat & **Keegan Jacks** had best Bench.

LANCERS IN 2021 MEMORIAL DAY PARADE



Eighteen members of the Lancer football team & coaches participated in the 2021 Hebron Memorial Day parade. The annual event started at the American Legion Hall and traveled to Hebron cemetery where players took part in a ceremony with the Lakewood Marching Band. Lakewood Football was also recognized for annually replacing old flags, with new ones in all of the local cemeteries for all veterans.

Effort

Leadership

Integrity

Toughness

Enthusiasm



Lancer Beanies \$25.00

You can still pick up a Lancer Beanie! See any player or Coach Lee!

Lakewood Alma Mater

*As voices ring out bright
with cheer*

*We hear our Lakewood
loud and clear*

*We feel the peoples'
unity*

*Their shouts express
their loyalty*

*As time rolls on in
golden haze*

*We'll remember high
school days*

We will try to do our best

For our dear old L. H. S.

LANCER ELITE YOUTH CAMP INFORMATION



Registration Form

Name: _____
Parent/Guardian: _____
Address: _____
Phone #: _____
Emergency #: _____
Grade Entering Fall 2021: _____
Insurance Waiver:
I fully understand that the Lakewood School district does not provide any accident or health insurance coverage for my child while participating in this activity. I fully understand that it is my responsibility to provide insurance.
Medical Treatment Consent (Initial):
____ I consent to medical treatment.
____ I refuse to consent medical treatment.
I, _____ the parent of, _____
Recognize medical treatment may be necessary. As a result, I do consent to emergency care including hospital care.
Parent Signature: _____

Head Football Coach Jason Lee
9331 Lancer Rd SE, Hebron, OH 43025



Lancer ELITE Youth Football Camp 2021



Grades 3-8

"Investing in the Lancer football youth of today, to impact the football program of tomorrow."
-Coach Lee



Camp T-Shirt

Sizes (Please Select One)

Youth Small _____
Youth Medium _____
Youth Large _____
Youth X-Large _____
Adult Small _____
Adult Medium _____
Adult Large _____
Adult X-Large _____



- Schedule will include Offensive & Defensive skill stations for all.
- Form tackling & special team session will also be conducted.
- "Lancer Gauntlet" - Flag Pull Game.
- Razzle Dazzle Flag tournament will be a double elimination tournament for two divisions (Prize 3-5) & (ELITE 6-8).
- Certificates, Medals and Trophies will be presented.

Offensive Skill Stations

Quarterback: Stance, drops, snaps, mechanics, footwork & ball placement.

RB: Stance, cut & vision drills, footwork, ball drills, ball security.

WR: Stance, footwork, ball & hand drills.

O-Line: Stance, steps, terminology, hand placement, footwork (lock and bags).

Defensive Skill Stations

Defensive Backs: Stance, footwork drills, ball drills, Man / Zone / Speed Turns, Man / Zone Techniques.

Linebackers: Stance, reads, bag drills, step checks, drops, run fits.

Defensive Ends: Stance, techniques, footwork, leverage, hand placement and drill work.

Defensive Line: Stance, footwork, hand placement, leverage, techniques & drill work.

Camp Details

Who: Students in grades 3-8.

Location: Lakewood HS Athletic Stadium (Under the Lights)

Date: July 26-28 2021

Time: 7-9 p.m.

Cost: \$50.00 - Make checks payable to Lakewood Football.

Camp Highlights

- T-Shirt
- Lancer Punch
- ELITE Snow Cones
- Double Elimination Razzle Dazzle Flag Tournament
- Awards & Pizza
- Camp will be instructed by Lancer High School, Middle School Staff and Leadership Council football players.

Contact / Send Payment

Head Football Coach Jason Lee
9331 Lancer Rd SE, Hebron, OH 43025
(740) 644-9224
jlee@laca.org

FINAL OFF-SEASON RISEUP LEADERBOARD



1st-Josh Hicks
778 pts.



2nd-Mark Waters
607 pts.



3rd-Stewart Poulcott
560 pts.

Lancers Community Service Honors Veterans



An annual tradition of community service that honors our local veterans continued this year, as 17 Lancers replaced flags at 4 Hebron Cemeteries.

For the past 4 years players have continued to give back to the local American Legion and assist with this work. Without the assistance of the players, all of the flags would usually have to be replaced by only a few members of the Hebron Club. Players were able to complete the job in only a few hours.

2021 Leadership Council Holds Iron Lancer Draft



The most recent Leadership Council meeting provided an opportunity to hold the Iron Lancer Summer Draft. The Iron Lancer Summer competition puts all players on five summer teams. Each team is composed of a Captain, captains are Determined by the top 5

players on the Rise Up Leaderboard that are Leadership Council Members. This years captains are **Josh Hicks** (Team Outlaw), **Mark Waters** (Team Aquafina), **Adam Crawford** (Team Chosen Ones), **Stewart Poulcott** (Team Knot) & **Isaiah Mitchell** (Team Dinero). This years top 10 draft picks include:

- #1 Keegan Jacks
- #2 Kaleb Fellure
- #3 Brayden Shull
- #4 Brandon Allen
- #5 Josh Taylor
- #6 Kaleb Hunt
- #7 Jacob Ellinger
- #8 Josiah Ellinger
- #9 Kyle Letki
- #10 Xander Angle



RECRUIT NATION COMBINE A SUCCESS



One hundred football players from 4 states and over 40 High School covered Lakewood Calhoun Memorial Field on May 22nd! The Recruit Nation Combine

showcased football players to college colleges both in person and via livestream.

Thirteen Lakewood football players for the event. **Mark Waters** had the third highest XY5 rating

with a **80.92** which puts him at a high DII level.

Josh Hicks ranked 19th with a **72.74** pitting him at a low DII. & **Isaiah Mitchell** ranked 42nd with a **67.58** rating putting him at the DIII level. Lakewood also earned \$1,000 for hosting the event & placed 2nd as a team overall!

LANCER FIGHT SONG

*On ye Lancers, On ye
Lancers*

On to victory

*Show your spirit, show
your courage*

Show your loyalty

*On ye Lancers, On ye
Lancers*

*Fight with all your
might*

*We're behind you all the
way*

So fight, fight, fight!

Lakewood High
School Football

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Hebron, Ohio 43025

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FOOTBALL

June 2021

Check us out on Twitter.....
@CoachLeeLW



May Lancer Birthdays



5/14 Stewart Poulcott

5/16 Trace Ford

5/24 Xander Angle

5/27 William Reed

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Danville Powerlifting Meet 10:00 a.m. Finals Week	2 Off Finals Week	3 Last Day of School Finals Week Helmet Fitting 2:30-5:00 -LAC	4 Off Professional Day	5 Off
6 Off	7 Team Camp #1 4:00-8:00 p.m. Helmet & Shorts	8 Team Camp #2 4:00-8:00 p.m. Helmet & Shorts	9 Team Camp #3 4:00-8:00 p.m. Helmet & Shorts	10 Team Camp #4 4:00-8:00 p.m. Helmet & Shorts	11 Off	12 Off
Off	14 Workouts 8:00-10:30 a.m.	15 Workouts 8:00-10:30 a.m.	16 Workouts 8:00-10:30 a.m.	17 Workouts 8:00-10:30 a.m.	18 Off	19 Tom Lawson Golf Event
20 Leadership Council Mtg. 1:00-2:30 HS	21 Workouts 8:00-10:30 a.m.	22 Workouts 8:00-10:30 a.m.	23 Workouts 8:00-10:30 a.m. Skill Session 6:00-7:00	24 7 on 7 @ Sheridan Big Skill Challenge @ LHS	25 Off	26 Off
27 Off	28 Off Mid-Summer Break	29 Off Mid-Summer Break	30 Off Mid-Summer Break			