

LANCER

FOOTBALL MONTHLY

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Calendar / Birthdays



2019 Football Schedule

8/13 H Scrim- West Musk.

8/17 H Scrim- Liberty Union

8/22 TBA

8/30 A Riverview

9/6 H Fairfield Union

9/13 H Wellston
(Military Night)

9/20 A Northridge

9/27 H Heath (Homecoming)

10/4 A Licking Valley

10/11 H Licking Heights
(Youth Night)

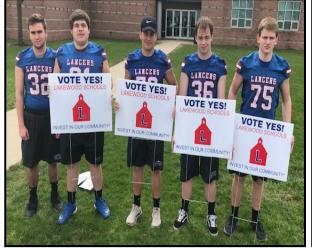
10/18 A Granville

10/25 H Watkins Memorial (Senior Night)

11/1 A Utica

#DMWL

LANCERS SUPPORT LEVY CAMPAIGN





Twelve Lancer Football team members assisted with the Levy Campaign on Saturday April 6th. Players were divided up into 5 groups to place Levy signs in yards and major intersections in Hebron. Players included Nick Wessinger, Ryan Hammon, Jake Cassady, Zeb Mansker, Josiah Ellinger, Jacob Glecker, Colt Flowers, Kevin Haines, Robby Taylor, Josh Taylor, Colt Vierstra & Connor Vierstra.

This was the 2nd Community Service project completed by the team this year. There are 6 Community Service Projects scheduled this year from December - October. Community Service is a large part of our programs leadership development. Projects this year include: Salvation Army Red Kettle, Levy Campaign Support, Community Easter Egg Hunt, Honor Flags, Youth Camp & Future Lancer Lunch Buddy & Reading Program.

LEADERSHIP COUNCIL SELECT 2019 MOTTO



The 2019 Leadership Council have decided on the 2019

Motto. **DMWL** (**Do More With Less**) was voted on from a list of other mottos submitted by the group.

As on one of Leaderships short term projects, the

council was responsible for submitting potential themes and then voting on one that best represents the team.

DMWL represents all the challenges that the 2019 team will have to overcome to be successful. Instead of complaining or being discouraged by things we can not control, the council determined that our disadvantages should be used as a motivational focus to encourage to do more than ever before and outwork our talent.

DMWL will be printed on team spirit gear and used daily for motivation.

MAKE UP TEAM EVENT-INKY JOHNSON



Lakewood football will see Motivational Speaker Inky Johnson on Friday, May 10th at Denison University for a make-up team event!

It started as a normal college football game in Neyland Stadium. If anything, the event was an afterthought, dropped into the schedule at the last minute.

For Inky Johnson, though, the game changed everything. A routine tackle turned into a life-threatening injury, and nothing

has been normal for Inky ever since. Not with a paralyzed right arm. Not with daily pain. Not with constant physical challenges.

His dream had always been to play professional sports. You might think his injury would have destroyed his motivation and crushed his spirit. But that's only because you don't know lnky.

Who is Inquoris "Inky" Johnson? He could be described as the survivor of an underprivileged past. He could be described as a refugee of poverty and violence. He could be described as a success story stained by tragedy. But if you look deeper, you'll discover something else.

You'll see a man who looks in the face of defeat and says, "Am I really failing, or is God prevailing?" You'll see a man gripped by the promise that God has purposes and plans far beyond our own. And you'll be inspired by his relentless determination, which he loves to impart to others through his dramatic story.

Inky has a master's degree in sports psychology from the University of Tennessee. He devotes much of his time to mentoring athletes and underprivileged youth. He and his amazing wife Allison live in Atlanta, Georgia with their beautiful children, Jada and Inky Jr.

"Motivation" is often nothing more than forcing people to do something they don't really want to do. In contrast, inspiration affects people from within, giving them the ability to accomplish what would otherwise be impossible. Through his walk and his talk, Inky embodies and imparts a truly inspirational message.

Not that Inky's injury turned him into an inspiration. It just showed the world the inspirational life he's been living all along. Executives, sports teams, church members, and young people all benefit from the raw energy of his charismatic speaking. Whether the topic is leadership, teamwork, or perseverance, Inky inspires his audiences to embrace the challenges of life.

The expectation is that all football players interested in playing next year are required to attend this event. Please make sure you see Coach Lee to sign up and receive your permission slip. **Permission slips are due May 9th.**

Lakewood Alma Mater

As voices ring out bright with cheer

We hear our Lakewood loud and clear

We feel the peoples' unity

Their shouts express their loyalty

As time rolls on in golden haze

We'll remember high school days

We will try to do our best

For our dear old L. H. S.



Page 3 Lancer

COACH POULNOTT JOINS LANCER STAFF



Coach John Poulnott returns to Licking County to be Coordinator

and Offensive line coach for the Lancers. Poulnott is no stranger to Licking County football as he graduated from Newark High School in 1990 where was a gridiron standout for the Wildcats.

After graduation Poulnott attended Ashland University where he played football for the Eagles and graduated

with a degree in education.

Poulnott returned to Newark after graduation to coach the Wildcats in the Offensive middle school football. basketball and baseball.

> Poulnott then moved to North Carolina where he spent the majority of his coaching career.

He has served in roles as Assistant Head Coach. Offensive Coordinator and Offensive Line Coach at four different high schools in N.C. before becoming Head Coach

Coach at East Wake High School from 2010-2016.

While at East Wake High School he complied a record of 31-48. He guided the Warriors to the 2014 state play-offs and finished with a 10-3 record.

Poulnott, his wife & son reside in Newark. He currently is a substitute teacher in the Licking County area and has already served as a substitute at Lakewood.

LANCER FIGHT **SONG**

On ye Lancers, On ye Lancers

On to victory

Show your spirit, show your courage

Show your loyalty

On ye Lancers, On ye Lancers

Fight with all your might

We're behind you all the way

So fight, fight, fight!

LAKEWOOD STAFF TO COACH ALL-STARS



The 2019 Licking County All-Star team will be coached by the Lakewood High

School football staff.

The 37th annual all-star contest against Muskingum County, provides an opportunity to showcase the very best Seniors from both area

schools. Last years contest went to Muskingum County 28-13. Muskingum County leads the series 20-17.

Lakewood will be represented by Zaven Boland Mason Albanese and Levi Hissong.

This years All-Star contest will be held at Sheridan High School on June 21st.

Muskingum Valley will be coached by Paul Culver III and his staff from Sheridan High School.

Practices will begin June 9th and will be held at Lakewood's Calhoun Memorial field.

Lakewood staff last coached in this game in 2014.

LANCER TO JOIN THE U.S ARMY RESERVES



Offensive & Defensive Lineman Ryan Gay was recently sworn in to join the **United States** Army Reserves.

Gay a four year football player, 2 year letter winner

and the 2018 Football Senior Academic Award winner will be the most recent Lancer signing with the service.

Gay joins teammate Grant Cahall who also recently joined the military as a Marine last month.

Gay will leave August 13, 2019 for 18 weeks for Fort Leonardwood, Missouri for his basic training.

He then will return to attend, Ohio University Main Campus where he will be majoring in Aviation.

Lakewood High School Football

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March / April Lancer Birthdays



3/2 Josh Taylor3/5 Colin Hawes

3/29 Jake Cassady

4/2 Colt Allen

4/6 Connor Patterson

Mandatory
Parent/Player
Orientation
May 23
6:30 p.m.-8:00 p.m.





FOOTBALL

	90	Community Service #2 Lew Sign Campaign 10:00a.m.	13	orkouts iess	20	Service #3 Hunt	27	t #3 rth me a.m.		
SAT		Community Service 3 Levy Sign Campaign 10:00a.m.		Football Workouts Hebron Fitness 12:30-2:00		Community Service #3 Easter Egg Hunt 10:00 a.m.		Team Event #3 North/South All-Star Game 12:00 Bus-10:00 a.m.		
FRI	05	Grade Checks	12	Grade Checks	19	No School	26	Grade Checks		
THU	04	Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m.	11	Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m.	18	Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m. Grade Checks	25	Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m.		
WED	03	Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m.	10	Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m	17	Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m.	24	Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m.		
TUE	02		60		16		23		30	
NOM	10	Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m.	80	Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m.	15	Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m.	22	Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m.	29	Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m.
SUN			20		14	Student Leadership Council 1:00 Pappy's Grill	21	Easter	28	