

# LANCER

# FOOTBALL MONTHLY

#### Inside March 2019 Volume 2 Issue 11



#### 2019 Football Schedule

8/13 H Scrim- West Musk.

8/17 H Scrim- Liberty Union

8/22 TBA

8/30 A Riverview

9/6 H Fairfield Union

9/13 H Wellston

9/20 A Northridge

9/27 H Heath (Homecoming)

10/4 A Licking Valley

10/11 H Licking Heights

10/18 A Granville

10/25 H Watkins Memorial

11/1 A Utica

# <u>E</u>lite <u>M</u>ental <u>T</u>oughness

## LANCERS VISIT OHIO UNIV. FOOTBALL



Fourteen members of the Lakewood football program made a trip to visit Ohio University and it's football program over Spring Break. Players in grades 8-11 who made this trip all were student athletes that made the **Honor Roll/ Principals List** during the 3rd grading period and are returning players who participated in a winter sport or were active in the weight-room, during the 3rd grading period.

Players had a close up view of the Bobcats Spring Practice in the Walters Football Fieldhouse, took a tour of the football facility's and had lunch on campus. Students on the trip included: 8th Grade-Josh Taylor, Josh Hicks, Jacob Ellinger & Kaleb Hunt 9th Grade-Mark Waters, & Josiah Ellinger 10th Grade- Kevin Haines, Ryan Hammon, Robby Taylor, Colt Flowers, Trace Ford, & Colt Vierstra 11th Grade—Connor Vierstra & Noah Sniadach.

Next Team event will be on April 27th at the Ohio North/South All-Star game.

# WEEK 3 OPPONENT ADDED TO 2019 SEASON



The 2019 regular season schedule is now complete!

Wellston Golden Rockets will come to Calhoun Memorial Field to take on the Lancers in a week three contest!

Division V Wellston out of

Jackson Ohio, competes in the **Tri-Valley conference** in **Region 19**.

The Golden Rockets finished the 2018 campaign with a **3-7** record . Victories included a week 2 **48-14** win against Piketon (1-9),& back to back wins against Alexander **49-7** 

(4-6) and River Valley High School (1-9) **20-0**.

The 2019 season will have **10** returning Seniors for the Golden Rockets & a total of **46** players in grades 10-12.

Wellston ended the 2018 season on a four game losing streak. They last made the play-offs in 2006.

#### ELITE ACHIEVEMENT CUP STANDINGS



The ELITE Academic competition is a Lancer Football team competition by grade level that measures qualities that require you to be ELITE both on and off the field.

Each team is made up by the Lancer football grade levels (9-12) for each season. Categories include School Attendance, School Tardiness, G.P.A., School Discipline, Community Service & Weight-room attendance.

At the conclusion of each grading period, each category will be averaged by grade level and ranked. Grade levels will earn points for each category. First place will receive 5 points, second place will accumulate 3 points and third place teams will be awarded 1 point.

Standings will be released after each grading period. Inning classes will have their class year and points engraved on a ELITE Academic Cup. The Cup will displayed in the LAC (Lakewood Athletic Complex) as reminder to our commitment to being ELITE both on the field and n the classroom.

After the 3rd grading period the class of 2020 leads the Achievement Cup by 10 (55 points) points over the Class of 2021 with 43 points. The class of 2023 and 2022 are tied in third place with 19 points.

Current standings now final and include the 3rd Grading Period grades, attendance, tardiness, discipline, weight-room and team event attendance.

#	Class	1 GP	2 GP	3 GP	Total Pts.	
1st	Class of 2020	16	19	20	55	
2 <sup>nd</sup>	Class of 2021	11	17	15	43	
3rd	Class of 2023	8	6	5	19	
3rd	Class of 2022	10	4	5	19	

#### **3rd Grading Period Results**

Class of 2020	3.588	5pts	Class of 2020	3.40	5pts.
Class of 2022	3.089	3pts.	Class of 2021	4.67	3pts.
Class of 2021	2.860	1pts.	Class of 2023	4.80	1pt.
Class of 2023	2.850		Class of 2022	6.14	
Class Tardiness-A	verage Nu	<u>ımber</u>	Class Discipline A	<u>verage - D</u>	emerits
Class Tardiness-A	<u>verage Nı</u> 0.80	<u>ımber</u> 5pts.	Class Discipline A	<u>verage - D</u> 0.00	Demerits 5pts.
	_		-	_	
Class of 2020	0.80	5pts.	Class of 2020	0.00	5pts.

Class Attendance-Average Days Missed

#### Average Weight-Room Attendance Days Per Player - (Dec 3-March 29)

Class of 2021	31.5	5 pts.
Class of 2023	14.3	3 pts.
Class of 2022	7.07	1 pt.
Class of 2020	5.60	

GPA- Class Average

#### Lakewood Alma Mater

As voices ring out bright with cheer

We hear our Lakewood loud and clear

We feel the peoples' unity

Their shouts express their loyalty

As time rolls on in golden haze

We'll remember high school days

We will try to do our best

For our dear old L. H. S.

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## FOOTBALL TUMBLER FUNDRAISER



The Lancer football team is ized Tumblers as their most recent fundraiser.

You can help

support the Lakewood High School Football Program by ordering one or more custom Lakewood Lancers Tumblers with the Lancer Script logo. Each Tumbler are \$25.00.

Also available are our exclusive Collegiate, NFL, NBA, MLB, and NHL Tumblers.

Each stainless steel selling custom- Vortex Tumble hold 22 oz's, keeps drinks cold for up to 12 hours and drinks warm up to 6 hours.

> **All Vortex Tumblers** have a slim base that fits all cup holders and rubber gripper at bottom to avoid spills.

> Additionally the officially licensed Tumbler comes with a clear seethru slide closure to help seal in temperature.

You can select from NFL, NBA, MLB, NHL or you favorite NCAA team.

You can also find other choices besides the Vortex Tumbler with Tritan Tumblers, Coffee Mugs & Swig Water Bottles.

If interested, see any football player or coach. All orders are done on line and your purchase will be shipped directly to your home. You can also make a cash donation.

### SUMMER FOOTBALL CAMP INFORMATION



June 3-4 -Youth Camp (5-8) June 6 - Skill/Big Man Camp

June 15 -1 Day Position Camp

June 15 - Specialist Camp



June 20- Youth Camp

June 20- Skills Camp

June 12-13-Fundamental Camp June 20 - Specialists Camp



June 2,13,14-ELITE One Day

June 8 - Quarterback Camp

June 8- WR/DB Camp

June 8- Big Man Camp

June 13- Specialists Camp

# LANCER FIGHT **SONG**

On ye Lancers, On ye Lancers

On to victory

Show your spirit, show your courage

Show your loyalty

On ye Lancers, On ye Lancers

Fight with all your might

We're behind you all the way

So fight, fight, fight!

# LANCER COMMITTS TO THE MARINES



Grant Cahall has always been one of the hardest workers on the team. He now will be taking

that mentality to the military as he recently committed to the United States Marine Corp.

Cahall who received the "Lancer" award at this years team banquet for being the most coachable athlete will begin his commitment in early August.

He will begin his journey with the Marine Corp in Paris Is-

land in South Carolina for 13 weeks. He then will return for 10 days before heading off to Camp Geiger in North Carolina for two months of infantry school.

Cahall was a letter winner who played both the offensive and defensive line for the Lancers.

#### Lakewood High School Football

9331 Lancer Road SE Hebron, Ohio 43025

Phone: 740-928-4526 Fax: 740.928.3731





#### 3rd G.P. Honor Roll

Colt Allen

Brandon Hatfield

**Colt Flowers** 

Trace Ford

**Kevin Haines** 

Chance Large

Ian Barker

Zach Crist

Robby Taylor

Saengsouri Xaykosy

Alex Pletcher

Mason Albanese

**Grant Cahall** 

Byron Ferrin (Manager)

Ryan Gay

Gabe Service

#### 3rd G.P. Principals List

Josiah Ellinger

Ryan Hammon

Colt Vierstra

Noah Sniadach

Connor Vierstra

Zaven Boland

Jacob Maynard



# **FOOTBALL**

SAT	02	Football Workouts Hebron Fitness 12:30-2:00	60	Kenton State Powerlifting Meet Bus Leaves 7:00	91	Football Workouts Hebron Fitness 12:30-2:00	23	Football Workouts Hebron Fitness 12:30-2:00	30	Football Workouts Hebron Fitness 12:30-2:00
FRI	10		80		15	End of 3 <sup>rd</sup> G.P.	22	Team Meeting Period -5A Tumbler Fundraiser Starts	67	Spring Break
THU			20	Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m.	14	Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m.	21	Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m.	28	Football Workouts Hebron Fitness 12:30-2:00 <b>Spring Break</b>
WED			90	Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m.	13	Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m.	20	Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m.	22	Football Workouts Hebron Fitness 12:30-2:00 <b>Spring Break</b>
TUE			90		15		19		56	Team Event #3 Ohio University Football Trip 7:00-2:00 Spring Break
MON			04	Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m.	11	Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m.	18	Football Workouts 5:30-7:00 a.m. 2:45-4:15 p.m.	25	Football Workouts Hebron Fitness 12:30-2:00 <b>Spring Break</b>
SUN			03		10		17	Leadership Council Meeting #2 Pappy's Grill 1:00	24	